

# Jenn Best, Postpartum Doula

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## Why work with an Eco Baby Certified practitioner?

Have you ever thought about detoxing your home, and just don't know where to begin? Or are you expecting a little one soon and looking for product ideas to create an eco-friendly and natural baby registry?

As an Eco Baby Certified practitioner, I meet with individuals, couples and families to provide education, support and resources in order to facilitate simple changes to eliminate potentially toxin-filled substances and products in the home and replace them with eco-friendly, natural options.



### Individual Consultations

- One-on-one consultation to assist in creating customized goals for your home (including nursery or playroom/toy safety tips) or creating an eco-friendly, natural baby registry. Also providing information regarding natural cleaning products as well as skin and body care products, including specific product recommendations and where to shop, etc.

### Small Group Classes

- Meet in a group setting with other like-minded individuals and families to learn simple solutions to create a more natural home.

